

Jugendtrainingsplan 2023

Februar - November

Minis: März - Oktober

| Zeit | Montag | | | | Dienstag | | | | Mittwoch | | | | Donnerstag | | | | Freitag | | | | Samstag | | | | Sonntag | | | |
|-------|--------|----|----|----|----------|----|----|----|----------|----|----|------|------------|----|----|----|---------|----|----|----|---------|----|----|----|---------|----|----|----|
| | Ha | AS | Le | FS | Ha | AS | Le | FS | Ha | AS | Le | FS | Ha | AS | Le | FS | Ha | AS | Le | FS | Ha | AS | Le | FS | Ha | AS | Le | FS |
| 09:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 09:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 14:00 | | | | | | | | | Schule | | | | | | | | | | | | | | | | | | | |
| 14:30 | | | | | | | | | Schule | | | | | | | | | | | | | | | | | | | |
| 15:00 | | | | | | | | | Schule | | | | | | | | | | | | | | | | | | | |
| 15:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16:00 | FK | | | | J | | J | | FK | | | Mini | J | | J | | J | J | | | | | | | | | | |
| 16:30 | FK | | | | J | | J | | FK | | | Mini | J | | J | | J | J | | | | | | | | | | |
| 17:00 | FK | | | | J | | J | | FK | | | | J | | J | | J | J | | | | | | | | | | |
| 17:30 | FK | | | | | | | | FK | | | | | | | | | | | | | | | | | | | |
| 18:00 | EK | | | | JM | | | | | | | | JM | | | | | | | Ek | | | | | | | | |
| 18:30 | EK | | | | JM | | | | | | | | JM | | | | | | | Ek | | | | | | | | |
| 19:00 | EK | | | | JM | | | | | | | | JM | | | | | | | Ek | | | | | | | | |
| 19:30 | EK | | | | JM | | | | | | | | JM | | | | | | | Ek | | | | | | | | |
| 20:00 | EK | | | | | | | | | | | | | | | | | | | Ek | | | | | | | | |
| 20:30 | EK | | | | | | | | | | | | | | | | | | | Ek | | | | | | | | |

Schulgolf
 Förderkader
 Entwicklungskader
 Jugend
 Jugendmannschaft
 Minis